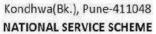


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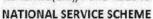


NSS Activities in AY 2020-21

Sr. No.	Name of Activity	Date	Venue
1	Spread the Science Not the Virus	30 August 2020	Online platform Zoom Meeting
2	Second Year Induction 2020- 21	06 September 2020	Google Meet Meeting
3	National Education Policy Webinar	19 September 2020	Online platform Zoom Meeting
4	Pad Peti for Every Beti	20 September 2020 to 7 October 2020	Jamgaon, Mulshi, Male, Valane, Sambhave
5	Mental Health Awareness Webinar	26 September 2020	Google Meet Meeting
6	Tree plantation	from 2nd October to 5th October 2020	VIIT College campus
7	We Care Workshop Animal Welfare Awareness Wabinar	25 October 2020	Google Meet Meeting
8	We Heal We Care Epilepsy Awareness Webinar	8 Nov 2020	Google Meet Meeting
9	Eco Friendly Diwali Oath	12 November 2020	Google Meet Meeting
10	Where Does our Food Come From?	22 Nov 2020	Google Meet Meeting
11	Giving Circle – Christmas Gifts	19 Dec to 22 Dec 2020	Phulenagar, Pune
12	Harit Shapath 2021	07 January 2021	Google Meet Meeting
13	Water Filter for Mulshi	6 February 2021	Mulshi
14	Road Safety Awareness	15 February 2021	Seminar Hall, VIIT



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1. Spread the Science Not the Virus

Date: 30 August 2020 Venue: Online platform Zoom Meeting

Time: 11:00 am

About Muktaa Charitable Foundation:

Muktaa Charitable Foundation is a charitable trust working mainly in the field of education and health. It is founded and registered with the charitable commissioner Pune in 2005.

The flagship project of the Muktaa Charitable Foundation trust is the SAMVAD HIV helpline, which is a free telephonic helpline in which well-trained counselors in Pune and Patna answer questions from the people across the length and breadth of India on HIV. Today it is the largest HIV Helpline in India. With the onset of this pandemic, SAMVAD helpline has added CORONA to its services.

In the SHALAA BEYOND BOOKS, well trained counselors from Muktaa Charitable Foundation impart training to school children in various LIFE SKILLS like relationships, rational thinking and even sexology.

About the guest:

Dr. Prakash Mahajan is a well-known family physician and Skin specialist. He is founder and trusty of MCF. He has been president of various doctor associations in Pune. He also Best Doctor award and Mother Teressa award for his contribution to medical field.

Dr Piyush Choudhari is infectious disease specialist. He is associated with Jehangir hospital Pune and Polaris hospital in Wakad. He has completed Post-Doctoral Fellowship in Infectious Disease from Hinduja Hospital, Mumbai and his DNB - General Medicine from National Board of Examination.

Capt. Ashok Gole is an EX Merchant Navy captain, retired as Harbor Master of Pipavav port. He is one of the Trustees of Muktaa Charitable Foundation since 2012. He was head of Pipavav Port CSR (corporate social responsibility) from 2007 to 2015. He has actively involved during Panshet floods and Koyna earthquake. He has also given 2 years during Kutch earthquake.

About the event:

The event started with a short video about Muktaa Charitable Trust and by giving information about its flagship events 'SAMVAD', and 'SHALAA BEYOND BOOKS', which was followed by introduction of the chief guests namely Dr. Prakash Mahajan, Dr Piyush Choudhari, Capt. Ashok Gole.

Dr. Prakash Gole then gave information about Corona Virus. How did it start? Changing epicenters of Covid-19. He told about the difference between SARS and Covid. He talked about the difference between virus and bacteria, and how they affect the human body. What should we do if we have corona symptoms? He talked about how Corona virus spreads and how we



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can stop it. It was a very insightful session which gave detailed information about overall pandemic situation and Corona Virus to all the participants.

Later, a question answer session was held by Dr. Piyush Chaudhari which was moderated by Capt. Gole. Many questions and doubts by participants were answered by Dr. Chaudhari. There was much confusion about treatment in hospitals, availability of beds and so on all were

The event was concluded with the vote of thanks by Prof. Nitin Sakhare, Program Officer, NSS.







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Dr Piyush Choudhari while answering the questions

NSS Program Officer,

VIIT, Pune

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Bansilal Ramnath Agarwal Charitable Trust's VISHWAKARMA INSTITUTE OF INFORMATION TECHNOLOGY

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2. Second Year Induction 2020-21

Date: 06 September 2020 Venue: Google Meet Meeting

Time: 11:00 am

Event Setup:

Meeting was held on 4th Sept 2020 on Google Meet at 6 pm with all the committee members for discussion of the event.

Complete execution process was decided in the meeting and work was distributed to the concerning domains.

Some ideas were also discussed about how to involve second year volunteers in NSS activities during the lockdown period.

About the event:

The event started by singing NSS geet and with a short video about various NSS activities. Followed by introduction of NSS Committee.

committee members, namely Tejas Kakade (President), Rushikesh Bagal, Pradyumna Jadhav, Siddhesh Jadhav (Vice President's), Nikita Dara (Ladies Representative) expressed their views about NSS and gave brief information about further activities.

Later, Shambhuraj Chavan (Ex-President), interacted with the second-year students and shared his experience about NSS. He told about how NSS has helped him in his overall development. He also enlightened all the second-year students about how innovation and our personal development is connected to NSS.

This was followed by the key note address by Prof. Ravindra Acharya (Dean of Student Affairs, Retd.), in which he enlightened all participants about how NSS started with only 35 dedicated students and now it's the biggest unit of our college comprising of 250 dedicated students. He told about the journey of NSS till now and motivated them for the journey ahead.

Program Officers Prof. Nitin Sakhare, Prof. Prutha Kulkarni, Prof. Vikas Kolekar shared their views about NSS and gave information about the registration process for NSS volunteers. They also informed the students about the work done till now in all the villages adopted by NSS.

Prof. Devika Verma explained about Unnat Bharat Abhiyan (UBA) and told about the major success of NSS VIIT for getting prestigious grant for UBA. She made a detailed presentation on that and motivated the new committee members for such endeavors.

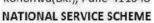
At the end of the event, a form was circulated for the second-year students through which they can register themselves as NSS volunteers. UBA drive link was also shared for participants who are interested in UBA projects.

The event was concluded with the vote of thanks by Tejas Kakade, President, NSS.



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Prof. Devika Verma explaining about UBA

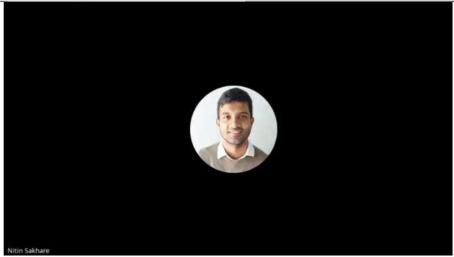


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Prof. Nitin Sakhare while expressing his views



Prof. Ravindra Acharya while expressing his views

NSS Program Officer,

VIIT, Pune

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3. National Education Policy Webinar

Date: 19 September 2020 Venue: Online Platform Zoom Meeting

Time: 5:00 pm.

Participants:

Over 400 attendees including teachers from various schools and colleges all over Maharashtra.

Event Setup:

- TY Committee Meeting was scheduled on 16th September 2020 for the planning of this webinar. Prof. Nitin Sakhare (Program Officer), Prof. Devika Verma (UBA in-charge) were also present for the meeting.
- Complete execution process of the webinar was decided in the meeting on 16th and work was distributed to the concerning domains.
- Second meeting was scheduled on 18th September 2020 in which SY volunteers were briefed about the event and strategy for publicity of event was decided

About the Speaker:

Dr. Ravindra Acharya is a professor at Vishwakarma Institute of Information Technology (VIIT). He was the founder and chief mentor of Entrepreneurship Development Cell (EDC) at VIIT. He was the Program Officer of National Service Scheme (NSS) VIIT, and is awarded as the Best Innovative Program Officer of NSS, Savitribai Phule Pune University, Pune.

About the event:

- The event started with the introduction of our Chief Guest Dr. Ravindra Acharya and Dr. Vivek Deshpande (Director, VIIT). Then Dr. Vivek Deshpande expressed his views about the National Education Policy (NEP) in short.
- Later, Dr. Acharya explained in detail about how education system has changed right from the gurukul system to the current education system. Which factors of gurukul system were better compared to our current system, which helped the audience to understand why this New Education Policy was important.
- Experiential learning will include hands-on learning, arts-integrated and sports-integrated education, story-telling-based pedagogy, among others, as standard pedagogy. Classroom transactions will shift, towards competency-based learning and education. He also explained about the Multiple Entry and Multiple Exit structure. And bagless days will be encouraged throughout the year for various types of enrichment activities involving arts, quizzes, sports, and vocational crafts.
- Later, at the end of the session, doubts and questions of all the attendees were answered by Dr. Acharya.



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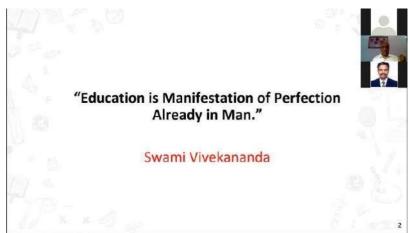


Conclusion:

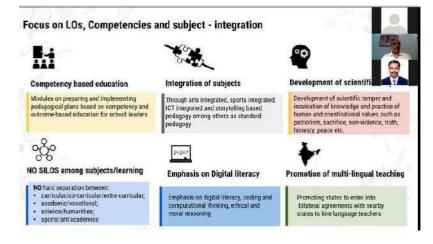
- It was a successful webinar which enlightened 400+ students and teachers about the New Education Policy.
- All the participants got a clear idea of this New Education Policy.
- Doubts of all the participants were answered in detail.



Dr. Vivek Deshpande (Director, VIIT) while expressing his views



Start of the Webinar



Dr. Acharya explaining about New Education Policy



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UG Programme -3-4 Years PG Progarmme-1or 2 Years

First Year – Certificate Second year – Diploma Third Year – Degree Fourth Year- Post Graduate Diploma Fifth Year – Master Ph. D. Direct (M.Phil. Close)





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Dr. Acharya while answering all the doubts and questions of the participants

NSS Program Officer,

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4. Pad Peti for Every Beti

Date: 20 September 2020 to 7 October 2020

Venue: Jamgaon, Mulshi, Male, Valane, Sambhave



Participants: 118 participants

Event Setup:

- TY Committee Meeting was scheduled on 20th September 2020 for the planning of the event. Prof. Nitin Sakhare (Program Officer), Prof. Devika Verma (UBA in-charge) were also present for the meeting.
- Complete execution process of the webinar was decided in the meeting on 20th and work was distributed to the concerning domains.

About the event:

- This event was organized by NSS VIIT along with Pad Squad who works toward female Health and Hygiene and donates pads to the lee fortunate females in underdeveloped areas.
- After the meeting a message was floated to everyone about pad collection. All
 volunteers were told to install a box in their locality or society where people can donate
 sanitary pads which will be later couriered to Prof Nitin Sakhare NSS Program
 Officer.







- Those who couldn't install these boxes in their localities placed an online order on flipkart and Amazon. Others Collected money from their family and friends and placed a bulk order.
- Near about 14000 Pads were collected till 1st of October and then couriered to Sakhare Sirs house.



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- Later, on 7th October 7 NSS volunteers residing in Pune went to Jamgaon, Valane, Sambhave, Male, and Mulshi along Mayuri ma'am, Sophiya ma'am and Gillian ma'am from Pad Squad.
- Dr. Ravindra Acharya Senior Faculty and founder of NSS cell VIIT, Prof. Nitin Sakhare – NSS Coordinator, Prof. Devika Verma – UBA Coordinator, Prof. Prutha Kulkarni – NSS Program Officer were also present for this Pad donation Drive.
- During Donation females of those villages were gathered and they were told the importance of female health and hygiene and also the Importance of use of Pads.

Conclusion:

- It was a successful Donation drive that benefitted 1600 females in these five villages.
- Importance of Female health and hygiene was explained in all the villages.

Social Media Publicity:

- https://www.instagram.com/p/CGEsP3WjuWJ/?igshid=9on8b65xlu1
- https://www.instagram.com/p/CGFtJCnD4Aw/?igshid=yi8h7w4tsdol
- https://www.instagram.com/p/CGDW33Pjh8p/?igshid=dmr3iypa7y7n







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5. Mental Health Awareness Webinar

Date: 26th September 2020 Venue: Google Meet Meeting

Time: 03:00 pm - 04:00 pm

Speaker: *Dr. Niska Sinha* is a well-known psychiatrist and Asst. Prof. at IGIMS-Patna.

Event Setup:

National Service Scheme (NSS), VIIT Pune & Techfest IIT Bombay collaborated to conduct this Mental Health Workshop.

On, 23rd September, registration link was shared with all the NSS volunteers with the publicity message and WhatsApp group link for further information about webinar.

About the event:

Dr. Niska Sinha started the webinar by introducing herself to the attendees and then started the session.

She Shared her views about various stress feelings, kinds of stress and how to tackle them in our day to day life.

Some of the key points discussed were as follows: -

- Stress feelings and how it affects our day to day life
- Kinds of stress, how to distinguish Internal and External stress and how to face them. She also explained about how to minimize this stress.
- Lifestyle Choices
 - Drug Dependence (How alcohol, cigarettes, and other drugs affect our mental health)
 - Lack of sleep
 - Overloaded schedule
- Personality Traits
 - Perfectionists
 - Workaholics

She talked about 8 steps important for building a positive attitude and shared some tips on handling stress.

Later, Dr. Niska Sinha explained about causes of harmful work stress like unclear goals, unrealistic workloads and poor time management, and so on.

After that, a question answer session was held where all the doubts and questions by the attendees were solved.

While concluding the meeting, she expressed vote of thanks to the attendees and volunteers. It was a very successful event with the *participation of over 110 attendees*.

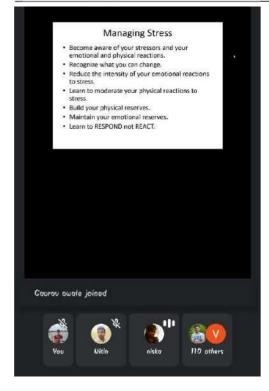


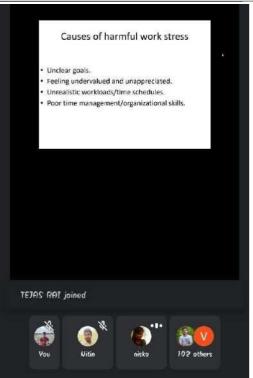
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She expressed her views on managing stress with some examples.

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6. Tree plantation

Date: from 2nd October to 5th October 2020 Venue: VIIT College campus

Event Setup:

- On 14 Sept 2020 a meeting was organised for the volunteers who are present in Pune and can work for bringing quotations for tree plantation.
- All committee members from Pune started collecting quotations for saplings. There were 300 saplings in college campus
- Committee members from Pune visited college for 3 times for survey and to dig holes for tree plantation.
- Meeting was arranged with SY volunteers for explaining about event. information related with this event was shared with all the NSS volunteers with the publicity message and WhatsApp group link.
- The publicity of this event was done through social media like WhatsApp, Instagram, Facebook & Twitter.

About the event:

- All SY and TY volunteers were present in college for tree plantation on 2nd October.
- The inauguration of this event was done by founder of institute Bansilal Agrawal and director sir. Student activity dean Bagade ma'am, NSS Co-ordinator P.O. Sakhare sir. The inauguration ceremony was done by following social distancing and wearing due to covid19.



- After that all the volunteers get busy in planting saplings. They were doing their work very sincerely. They planted saplings, watered them and put fences around them.
- During tree plantation, volunteers planted saplings like sonchafa, Ficus plant, tamhan, Kanchan, rose and bakul.



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• Due to this covid19 pandemic, 181 volunteers who were out of Pune planted nearly around 400 saplings in their town and shared their photos with saplings and that's how they participated in this event.







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• All the data of number of saplings planted was collected via google form.

"The true meaning of life is to plant trees; under whose shade you do not expect to sit."

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7. We Care Workshop Animal Welfare Awareness Wabinar

Date: 25 October 2020 Venue: Google Meet Meeting

Time: 10:00 am to 11:00 am

Participants: 127 Participants

About the event:

- This webinar was organized by NSS VIIT in association with Techfest 2020 IIT Bombay.
- This webinar was particularly focused on Animal Sufferings and government animal laws
- The speaker of this webinar, Miss. Shreya Agarwal was a volunteer on Dhyan Foundation who exclusively works in the field of Animal Welfare issues.
- Miss. Shreya explained how meat industry is harmful for us as well as for environment.
 It causes suffering for animals but also causes many health issues for the one who consumes it.
- She also explained how old animal protection laws are and how there is a dire need to change it. Dhyan Foundation has also filled a petition for these changes in court.
- She explained what we should do to reduce these suffering and small steps that we can take towards the betterment of these helpless animals.
- Later, they told us about the internship program at Dhyan Foundation for those who wants to actively work for animal welfare.

Conclusion:

- It was a successful webinar which enlightened 127 students about animal welfare issues and government laws.
- All the participants were more aware of animal suffering to carry out measures to help them.
- Doubts of all the participants were answered in detail.



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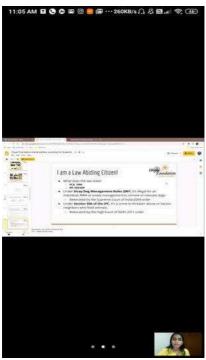
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8. We Heal We Care Epilepsy Awareness Webinar

Date: 8 Nov 2020 Venue: Google Meet Meeting

Time: 11:00 am to 12:00 pm

Participants: 90 Participants

About the event:

- This webinar was organized by NSS VIIT in association with Techfest 2020 IIT Bombay.
- The speaker of this webinar was Dr Sujit Jagtap who specializes in NEUROLOGY, EPILEPSY MONITORING AND SURGERY
- Epilepsy is the second most common and frequently encountered neurological condition that imposes a heavy burden on individuals, families, and also on healthcare systems.
- There are more than 12 million persons with epilepsy (PWE) in India, which contributes to nearly one-sixth of the global burden.
- This webinar was specially organized to create awareness about epilepsy and to know the needs of epilepsy patients.
- Dr. Sujit Jagtap also talked about the causes and treatment of epilepsy and measures taken to avoid it.
- In addition to this, signed certificates on behalf of Techfest, IIT Bombay were provided to every participant who attended the entire workshop, as a token of their solidarity with the initiative.

Conclusion:

- It was a successful webinar which enlightened 90 students about Epilepsy.
- Doubts of all the participants were answered in detail.

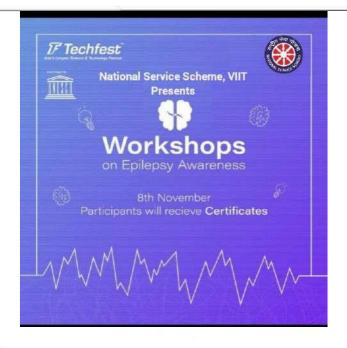


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9. Eco Friendly Diwali Oath

Date: 12 Nov 2020Venue: Google Meet Meeting

Time: 11:00 am - TY

1:00 pm - SY

Participants: 67 Participants

About the event:

• During Diwali there is a lot of pollution due to firecrackers, and plastic decorations.

• To avoid this and to make everyone aware about it, we, at NSS VIIT, organized an online pledge event where volunteers took the following pledge.

• धनत्रयोदशीच्या या शुभ ददवशी

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सघाचां स्वयसवेकं

महणन् , शपत घतों की ददवाळी

सजावटीसाठी मी

उत्पादनांचा पुनवापर करीन

मी मातीचे ददवे प्रकादशत करीन आदण कोणत्याही इले रूक ददव्ांना नाही महणेन. ददवाळीच्या भेटवस्तू आदण खरेदीसाठी मी प्लाक्ट्रिक वापरणार नाही.

म्हण न. देदवाळाच्या भटवस्तू आदण खरदासाठा मा प्लाक्टा क वापरणार न मी कोणानेनी फुनाके पेननाणार गानी नगाने खार कारर गणार आनेन।

मी कोणतेही फटाके पेटवणार नाही ज्याचे खूप दुष्पररणाम आहेत!

फटाक्ांच्या मोठ्या आवाजामुळे घाबरलेल्या प्राण्ांना मी मदत

करीन.

Conclusion:

• Everyone took the oath and followed it.

NSS Program Officer,

VIIT, Pune

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10. Where Does our Food Come From?

Date: 22 Nov 2020 Venue: Google Meet Meeting

Time: 11: 00 am

Participants: 137 Participants

About the event:

- This webinar was organized by NSS VIIT in association Humane Society International/India.
- It is a leading animal advocacy organization seeking a humane world for all animals, including people. Their motto is "Celebrating Animals, Confronting Cruelty".
- So, with their strong record of program achievements we organized this webinar to enlighten us about where does our food come from....
- The speaker of the webinar was Miss. Jagriti Kaushik Campaign coordinator Farm Animal Protection.
- She explained not only about the regular farm animals but also about animals used for leather and other industries.
- She told everyone about the three R Reduced, Refine, Replace for all the meat consumers and animal product users.
- That is to reduce meat consumption, to refine means eating only those animals who were raised without any suffering and also dies without suffering and lastly to Replace means to replace meat with meat like vegan products like Soya chaap and vegan egg
- She explained about the benefits of vegan diet on our physical as well as mental health.
 And gave many examples of vegan products that can be used as replacement of animal products.

Conclusion:

- It was a successful webinar which enlightened 137 students about animal sufferings and the benefit of vegan diet.
- Though many don't want to follow vegan diet they can reduce and replace animal products
- Doubts of all the participants were answered in detail.



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NATIONAL SERVICE SCHEME



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11. Giving Circle – Christmas Gifts

Date: 19 Dec to 22 Dec 2020 Venue: Phulenagar, Pune

Participants: 11 Participants

About the event:

- Giving Circle is an online platform which works for the less fortunate children in the slums by giving them what they need.
- We organized a meeting on 19 dec 2020, where founder of Giving Circle Miss Bhumika Marwaha explained the motto of this initiative and the working of this project.
- So, when Christmas is around NSS VIIT along with Giving Circle, decided to distribute Christmas gift hampers to the less fortunate children in Phulenagar area of Pune.
- Gift hamper Contained A Toy, based on child age and gender = 70 Rs(Cricket Bat Ball OR Badminton Set OR Ludo & Snakes & Ladder), Doms Stationery & Art & Craft Kit: 40 Rs, Drawing Book: 20 Rs, Britannia Bourborn Biscuit: 20 Rs Total = 150 Rs (For a Smile)
- Those volunteers who were present in Pune went to Phulenagar and distributed these hampers.



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12. Harit Shapath 2021

Date: 07 January 2021 Venue: Google Meet Meeting

Time: 5:30 pm

Participants: 75 Volunteers

About the event:

- Event was started by Prabhanjan Dharmadhikari. He welcomed everyone and introduced our todays chief guest Dr. Ravindra Acharya Sir, Senior faculty and founder of NSS cell VIIT. Dr. Jayshree Bagade Dean student affairs, Prof. Nitin Sakhare NSS Coordinator and Program Officer, Prof. Prutha Kulkarni NSS Program Officer and Prof. Devika Verma UBA Coordinator, Prof. Kolekar sir were also present.
- Dr. Ravindra Acharya Sir Explained about the importance and motto of this E-Pledge, and how NSS has always worked according to its motto.
- He talked about various projects carried out by NSS like tree plantation, Solar lights, Biogas Plant and many more, and how NSS will keep on doing such projects to help our ecosystem.
- Later, Nikita Dara NSS Ladies Representative and Prabhanjan Dharmadhikari read out the pledge which was repeated by all the volunteers to care and protect our mother Earth.
- Dr. Jayshree Bagade Dean student affairs also expressed her views on this occasion and encouraged everyone to keep up the good work.

Conclusion:

- 75 volunteers successfully took the oath.
- Later, Tejas Kakde President, NSS VIIT, gave a vote of thanks and concluded the meeting.

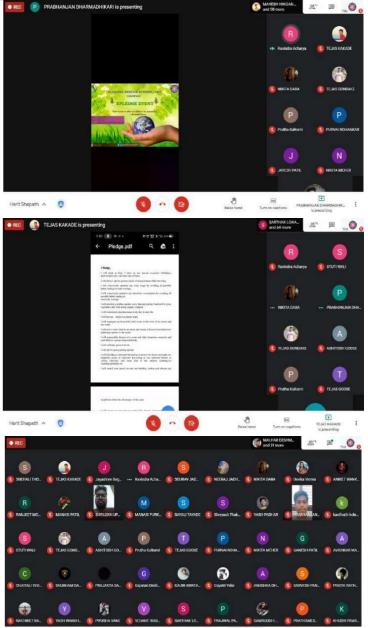


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13. Water Filter for Mulshi

Date: 6 February 2021 Venue: Mulshi

Event Setup:

- On 18th October 2020 water samples from all five villages adopted by NSS & UBA VIIT (Namely Jamgaon, Male, Mulshi, Valane, Sambhave) was collected for testing.
- According to the test results Dhamalewadi in Mulshi village was selected where a water filter of 6000 lit capacity will be donated.

About the event:

- Many a times when people travel from urban area to rural areas, they get sick due to water but now due to this water purifier this wont happen.
- On 6th February 2021 this water filter was inaugurated by NSS & UBA VIIT along with J Kumar Infra & Y S Tech Solutions.
- This New Water Purifier was inaugurated in the presence of Mr. Yusuf Inamdar Project Head Metro, Mr.Rajesh Chabriya J Kumar Infra Regional Manager, Er. Sucheta Kalawar Y.S. TECH solution, Dr. Vivek Deshpande Director of VIIT, Dr. Atul Kulkarni, Dr. Jayshree Bagade Dean of Student Affairs, Dr. Ravindra Aacharya, Dr. Archana Tanawade, Prof. Nitin Sakhare (NSS coordinator and Program Officer), Prof. Devika Verma (UBA coordinator), Mrs. Vandana Kadam (Sarpanch Mulshi) and all the locals on 6 February 2021.
- Everyone present for the inauguration expressed their views on this new development at Dhamalewadi.
- Later, event was wrapped up by serving refreshments to everyone present.





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14. Road Safety Awareness

Date: 15 February 2021 Venue: Seminar Hall, VIIT

Participants: 134 Participants

About the event:

- On the occasion of National Road Safety Week, NSS VIIT along with Kondhawa Traffic police organized a Road Safety Awareness Program
- Event was started by lighting a diya and Saraswati Poojan. Later, PSI Machhindra Devkar explained different traffic rules and their importance through a presentation.
- A video of same was shown about the same during this event, this video was made by NSS volunteers with the help of Kondhawa Traffic Police, which was later uploaded on youtube and other social media sites for spreading awareness.
- During this event, uniforms were distributed to many Riksha Drivers.
- Later, Mr. Sunil Deshmukh and chief guest Mr. Rahul Shrimane expressed their views about Road safety and shared their experience as Traffic Police,
- Then, Dr. Vivek Deshpande Director VIIT expressed his views and thanked Kondhawa Traffic Police for their time and service.





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